

# Social Emotional Learning Books

## Books about fear/worrying:

There Might Be Lobsters

Jabari Jumps

Don't Think About Purple Elephants

Too Shy for Show and Tell

The Koala Who Could

Wemberly Worried

A Huge Bag of Worries

It's Okay to be Different

The Don't Worry Book

What Do You Do With a Problem?

Jack's Worry

Little Mouse's Big Book of Fears

Scaredy Squirrel

The Thing Lou Couldn't Do

by Carolyn Crimi

by Gaia Cornwall

by Susanne Merritt

by Beth Brackin

by Rachel Bright

by Kevin Henkes

by Virginia Ironside

by Todd Parr

by Todd Parr

by Kobi Yamada

by Sam Zuppardi

by Emily Gravett

by Melanie Watt

by Ashley Spires

## Books about risk taking/making mistakes:

The Book of Mistakes

Everyone Can Learn to Ride a Bicycle

The Girl Who Never Made Mistakes

The Dot

The Most Magnificent Thing

It's Okay to Make Mistakes

The Confidence Code for Girls

Ish

by Corinna Luyken

by Chris Raschka

by Mark Pett

by Peter H. Reynolds

by Ashley Spires

by Todd Parr

by Katty Kay

by Peter Reynolds

## Books about friendship:

Enemy Pie

A Sick Day for Amos McGee

The Invisible Boy

Stick and Stone

Rescue and Jessica: A Life Changing Friendship

Be a Friend

The Recess Queen

Big Al

Leonardo the Terrible Monster

Horrible Bear

My Friend is Sad

One

by Derek Munson

by Philip C. Stead

by Trudy Ludwig

by Beth Ferry

by Jessica Kensky

by Salina Yoo

by Alexis O'Neill

by Andrew Clements

by Mo Willems

by Ame Dyckman

by Mo Willems

by Katherine Otoshi

Books about identity:

I'm a Girl!  
Last Stop on Market Street  
Those Shoes  
Drum Dream Girl  
My Very Own Space  
The Crayon Box That Talked  
Extraordinary Jane  
Julian Is a Mermaid  
Be Who You Are  
Red: A Crayon's Story  
Eraser  
Who Says Women Can't Be Doctors?  
Drawn Together  
Alma and How She Got Her Name  
Old Hat  
Normal Norman

by Yasmine Ismail  
by Matt de la Pena  
by Marybeth Boelts  
by Margarita Engle  
by Pippa Goodhart  
by Shane Derolf  
by Hannah Harrison  
by Jessica Love  
by Todd Parr  
by Michael Hall  
by Anna Kang  
by Tanya Lee Stone  
by Minh Le  
by Juana Martinez-Neal  
by Emily Gravett  
by Tara Lazar

Books about courage/overcoming challenges:

Emmanuel's Dream  
Nadia: The Girl Who Couldn't Sit Still  
Life  
Twenty-Two Cents  
When Sophie Thinks She Can't...  
The Story of Ruby Bridges  
The Librarian of Basra  
Sheila Rae the Brave  
Brave Irene  
Thunder Cake  
Henry's Freedom Box

by Laurie Ann Thompson  
by Karlin Gray  
by Cynthia Rylant  
by Paula Yoo  
by Molly Bang  
by Robert Coles  
by Jeanette Winter  
by Kevin Henkes  
by William Steig  
by Patricia Polacco  
by Ellen Levine

Books about kindness:

Ordinary Mary's Extraordinary Deed  
Because Amelia Smiled  
Pass It On  
We're All Wonders  
I Walk with Vanessa  
Have You Filled a Bucket Today?  
What Does It Mean to Be Kind?  
The Jelly Donut Difference  
Each Kindness  
Be Kind

by Emily Pearson  
by David Ezra Stein  
by Sophy Henn  
by R.J. Palacio  
by Kerascoet  
by Carol McCloud  
by Rana DiOrio  
by Maria Dismody  
by Jacqueline Woodson  
by Pat Miller

Books about grief/sadness:

Missing Mommy  
The Heart and the Bottle  
The Memory String  
The Big Tree is Sick: A Book to Help Children Cope  
With The Serious Illness of a Loved One  
A Dog Like Jack  
The Tenth Good Thing About Barnie  
The Rabbit Listened  
City Dog, Country Frog

by Rebecca Cobb  
by Oliver Jeffers  
by Eve Bunting

by Nathalie Sloss  
by DyAnne Disalvo-Ryan  
by Judith Viorst  
by Cori Doerrfeld  
by Mo Willems

Books about feelings:

When Sophie Gets Angry-Really, Really Angry  
Crabby Pants  
The Way I Feel  
I'm Sad  
Grumpy Monkey  
Ira Crumb Feels the Feelings  
Today I Feel Silly  
My Many Colored Day  
In My Heart  
Feelings to Share from A to Z  
Glad Monster, Sad Monster  
The Feelings Book: The Care and Keeping of  
Your Emotions

by Molly Bang  
by Julie Gassman  
by Janan Cain  
by Michael Ian Black  
by Suzanne Lang  
by Naseem Hrab  
by Jamie Lee Curtis  
by Dr. Seuss  
by Jo Witek  
by Todd Snow  
by Ed Emberley

by Lynda Madison

Books about lying:

Lying Up a Storm  
Ruthie and the (Not So) Teeny, Tiny Lie  
The Honest-to-goodness Truth  
The Empty

by Julia Cook  
by Laura Rankin  
by Patricia McKissack  
by Pot Demi

Books about self-control:

Lily's Purple Plastic Purse  
David Gets in Trouble  
My Mouth is a Volcano  
Lacey Walker, Nonstop Talker  
You Will Be My Friend!  
Cool Down and Work Through Anger

by Kevin Henkes  
by David Shannon  
by Julia Cook  
by Christianne C. Jones  
by Peter Brown  
by Cheri Meiners

Books about resilience/persistence:

Giraffes Can't Dance  
She's Got This  
Stand Tall, Molly Lou Melon  
The Name Jar  
The Paperbag Princess  
Strictly No Elephants  
Come With Me

by Giles Andreae  
by Laurie Hernandez  
by Patty Lovell  
by Yangsook Choi  
by Robert Munsch  
by Lisa Mantchev  
by Holly McGhee

Books about inclusion/fitting in/being who you are:

All Are Welcome  
The Big Umbrella  
Nothing Rhymes with Orange  
Can I Play Too?  
The Day You Begin  
Spaghetti on a Hot Dog Bun  
Zero  
I'm New Here

by Alexandra Penfold  
by Amy June Bates  
by Adam Rex  
by Mo Willems  
by Jacqueline Woodson  
by Maria Dismondy  
by Katherine Otoshi  
by Anne Sibley O'Brien